



February 2018



Little Ferry School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Weekly Specials</i> Week of 1/29 - Grilled Chicken over Salad Week of 2/5 - Ham and Cheese on a Roll Week of 2/12 - Grilled Chicken Caesar Salad Week of 2/19 - Tuna Salad on a Roll Week of 2/26 - Grilled Chicken over Salad				
5	6	7	8	9
Chicken Sticks Carrot Coins Fruit Choice Milk Choice	HIDDEN STICKER DAY Cheeseburger Steamed Broccoli Fruit Choice Milk Choice	Pancakes w/Turkey Sausage Hash brown Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	General Tso Chicken Rice Steamed Broccoli Fruit Choice Milk Choice
12	13	14	15	16
Chili w/ Cheese & Sour Cream Oven Potatoes Fruit Choice Milk Choice	HIDDEN STICKER DAY Egg Sandwich (Egg/Turkey Ham/Cheese) French Fries Fruit Choice Milk Choice	Fish Sticks Sweet Potato Fries Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	No Lunch Served
19	20	21	22	23
No School	No School	Chicken Nuggets Sweet Potato Fries Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	Waffles w/Turkey Sausage Hash brown Fruit Choice Milk Choice
26	27	28		
Beef & Cheesy Nachos Refried Beans Sweet Corn Fruit Choice Milk Choice	HIDDEN STICKER DAY Pasta / Red Sauce w/ MB Romaine Salad Fruit Choice Milk Choice	French Toast Sticks w/Turkey Sausage Hash brown Fruit Choice Milk Choice		HIDDEN STICKER DAY If you find a hidden sticker placed on bottom of your lunch tray, you will receive a free ala carte snack

School Lunch Information:

- Student lunch and alternate lunch includes: protein, grain, fruit, vegetable and milk
- Daily alternate meals include: mozzarella sticks, hot dog on bun, bagel meal and weekly special meal
- Daily milk choices include: 1% white, fat free chocolate, fat free strawberry
- Daily fruit Includes: apples, oranges, pears, seasonal fruit, melons, grapes, applesauce
- Most breads and grains as part of a meal and snacks are whole grain rich
- Menu subject to change due to product availability

