



March 2019



Little Ferry Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice
4 Kellogg's Cereal Bar Graham Crackers Fruit or 100% Fruit Juice Milk Choice	5 Blueberry Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	6 Kellogg's Cereal Graham Crackers Fruit or 100% Fruit Juice Milk Choice	7 Kellogg's Cereal Bar Graham Crackers Fruit or 100% Fruit Juice Milk Choice	8 Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice
11 Kellogg's Cereal Bar Graham Crackers Fruit or 100% Fruit Juice Milk Choice	12 Blueberry Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	13 Kellogg's Cereal Graham Crackers Fruit or 100% Fruit Juice Milk Choice	14 Kellogg's Cereal Bar Graham Crackers Fruit or 100% Fruit Juice Milk Choice	15 Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice
18 Kellogg's Cereal Bar Graham Crackers Fruit or 100% Fruit Juice Milk Choice	19 Blueberry Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	20 Kellogg's Cereal Graham Crackers Fruit or 100% Fruit Juice Milk Choice	21 Kellogg's Cereal Bar Graham Crackers Fruit or 100% Fruit Juice Milk Choice	22 Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice
25 Kellogg's Cereal Bar Graham Crackers Fruit or 100% Fruit Juice Milk Choice	26 Blueberry Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice	27 Kellogg's Cereal Graham Crackers Fruit or 100% Fruit Juice Milk Choice	28 Kellogg's Cereal Bar Graham Crackers Fruit or 100% Fruit Juice Milk Choice	29 Chocolate Chip Muffin Graham Cracker Fruit or 100% Fruit Juice Milk Choice



Breakfast is served every morning in the Classrooms. If you would like daily breakfast, please fill out this form and return to your homeroom teacher. The breakfast will be deducted from your café account and will be credited if you're absent.



STUDENT NAME:

TEACHER NAME:

GRADE:

Student Breakfast \$2.25

Reduced Breakfast \$3.30

School Breakfast Information:

- Student breakfast includes: protein/grain(s), fruit, carrot sticks and milk
- Please indicate if you would like carrot sticks included in breakfast bag
- Daily milk choices include: 1% white and fat free chocolate
- Daily fruit Includes: apples, oranges, pears, seasonal fruit, melons, grapes, applesauce
- All breads and grains as part of a meal and snacks are whole grain rich
- Menu subject to change due to product availability



The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form (PDF), found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.