



# February 2019



## Little Ferry School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Weekly Specials</i> Week of 1/28 - Ham and Cheese on a Roll Week of 2/4 - Grilled Chicken over Salad Week of 2/11 - Turkey and Cheese on a Roll Week of 2/18 - Grilled Chicken Caesar Salad Week of 2/25 - Ham and Cheese on a Roll				1
4	5	6	7	8
Cheeseburger Oven Potatoes  Fruit Choice Milk Choice	<b>HIDDEN STICKER DAY</b> Teriyaki Chicken Rice Steamed Broccoli Fruit Choice Milk Choice	Cheese Steak Hero Carrot Coins  Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	Egg Sandwich (Egg/Turkey Ham/Cheese) Smiley Fries Fruit Choice Milk Choice
11	12	13	14	15
Chicken Patty on a Bun Sweet Potato Fries  Fruit Choice Milk Choice	<b>HIDDEN STICKER DAY</b> BBQ Boneless Wings Au Gratin Potato  Fruit Choice Milk Choice	Chicken Fajitas Shredded Cheese, Salsa & Sour Cream Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	1/2 Day No Lunch Served
18	19	20	21	22
No School	No School	Meatballs in Brown Gravy Mashed Potato  Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	Pancakes w/Turkey Sausage Hash brown Fruit Choice Milk Choice
25	26	27	28	
Cheeseburger Sweet Potato Fries  Fruit Choice Milk Choice	<b>HIDDEN STICKER DAY</b> Baked Ziti w/ Ground Beef Steamed Broccoli  Fruit Choice Milk Choice	Beef & Cheesy Nachos & Sour Cream Rice and Black Beans Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	<b>HIDDEN STICKER DAY</b> If you find a hidden sticker placed on bottom of your lunch tray, you will receive a free ala carte snack

### School Lunch Information:

- Student lunch and alternate lunch includes: protein, grain, fruit, vegetable and milk
- Daily alternate meals include: mozzarella sticks, hot dog on bun, bagel meal and weekly special meal
- Daily milk choices include: 1% white, fat free chocolate, fat free strawberry
- Daily fruit Includes: apples, oranges, pears, seasonal fruit, melons, grapes, applesauce
- Most breads and grains as part of a meal and snacks are whole grain rich
- Menu subject to change due to product availability

