



January 2019



Little Ferry School Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| | 1 | 2 | 3 | 4 |
| <i>Weekly Specials</i> Week of 12/31 - Ham and Cheese on a Roll Week of 1/7 - Grilled Chicken over Salad Week of 1/14 - Turkey and Cheese on a Roll Week of 1/21 - Grilled Chicken Caesar Salad Week of 1/28 - Ham and Cheese on a Roll | | WELCOME BACK!!! Chicken Patty on a Bun Smiley Fries Fruit Choice Milk Choice | Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice | Pancakes w/Turkey Sausage Hash brown Fruit Choice Milk Choice |
| 7 | 8 | 9 | 10 | 11 |
| Meatball Parm Hero Mixed Vegetable Fruit Choice Milk Choice | HIDDEN STICKER DAY Cheese Steak Hero Romaine Salad Fruit Choice Milk Choice | BBQ Boneless Wings Au Gratin Potato Fruit Choice Milk Choice | Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice | Waffles w/Turkey Sausage Potato Tots Fruit Choice Milk Choice |
| 14 | 15 | 16 | 17 | 18 |
| French Bread Pizza Steamed Broccoli Fruit Choice Milk Choice | HIDDEN STICKER DAY Cheeseburger Sweet Mashed Potato Fruit Choice Milk Choice | Grilled Cheese Tomato Soup Fruit Choice Milk Choice | Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice | French Toast Sticks w/Turkey Sausage Hash brown Fruit Choice Milk Choice |
| 21 | 22 | 23 | 24 | 25 |
| No School | HIDDEN STICKER DAY Chicken Fingers Sweet Potato Fries Fruit Choice Milk Choice | Beef & Cheesy Nachos & Sour Cream Sweet Corn Fruit Choice Milk Choice | Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice | Pancakes w/Turkey Sausage Hash brown Fruit Choice Milk Choice |
| 28 | 29 | 30 | 31 | |
| French Bread Pizza Steamed Broccoli Fruit Choice Milk Choice | HIDDEN STICKER DAY Pasta / Red Sauce w/ MB Carrot Coins Fruit Choice Milk Choice | Walking Taco (Served in a Doritos Bag) Shredded Cheese, Salsa Fruit Choice Milk Choice | Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice | |

School Lunch Information:

- Student lunch and alternate lunch includes: protein, grain, fruit, vegetable and milk
- Daily alternate meals include: mozzarella sticks, hot dog on bun, bagel meal and weekly special meal
- Daily milk choices include: 1% white, fat free chocolate, fat free strawberry
- Daily fruit Includes: apples, oranges, pears, seasonal fruit, melons, grapes, applesauce
- Most breads and grains as part of a meal and snacks are whole grain rich
- Menu subject to change due to product availability

