



# March 2019



## Little Ferry School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Weekly Specials</b> Week of 2/25 - Ham and Cheese on a Roll Week of 3/4 - Grilled Chicken over Salad Week of 3/11 - Turkey and Cheese on a Roll Week of 3/18 - Grilled Chicken Caesar Salad Week of 3/25 - Ham and Cheese on a Roll		<b>HIDDEN STICKER DAY</b> If you find a hidden sticker placed on bottom of your lunch tray, you will receive a free ala carte snack		1  Waffles w/Turkey Sausage Hash brown Fruit Choice Milk Choice
4	5	6	7	8
Cheeseburger Sweet Potato Fries  Fruit Choice Milk Choice	<b>HIDDEN STICKER DAY</b> Mini Corn Dogs Steamed Broccoli  Fruit Choice Milk Choice	Cheese Quesadilla Sweet Corn  Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	Pancakes w/Turkey Sausage Potato Tots Fruit Choice Milk Choice
11	12	13	14	15
Walking Taco (Served in a Doritos Bag) Shredded Cheese, Salsa & Sour Cream Fruit Choice Milk Choice	<b>HIDDEN STICKER DAY</b> Chicken Patty on a Bun Sweet Potato Fries  Fruit Choice Milk Choice	1/2 Day No Lunch Served	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	Egg Sandwich (Egg/Turkey Ham/Cheese) Oven Potatoes Fruit Choice Milk Choice
18	19	20	21	22
French Bread Pizza Steamed Broccoli  Fruit Choice Milk Choice	<b>HIDDEN STICKER DAY</b> Sliced Turkey / Gravy Mashed Potato Sweet Corn Fruit Choice Milk Choice	Cheeseburger Sweet Potato Fries  Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	Waffles w/Turkey Sausage Hash brown Fruit Choice Milk Choice
25	26	27	28	29
BBQ Boneless Wings Oven Potatoes Carrot Coins Fruit Choice Milk Choice	<b>HIDDEN STICKER DAY</b> Baked Ziti w/ Ground Beef Steamed Broccoli  Fruit Choice Milk Choice	Soft Tacos Shredded Cheese, Salsa & Sour Cream Rice and Black Beans Fruit Choice Milk Choice	Pizzeria Pizza Garden Salad w/ Tomato Cucumbers & Garbanzo Fruit Choice Milk Choice	Pancakes w/Turkey Sausage Potato Tots Fruit Choice Milk Choice

### School Lunch Information:

- Student lunch and alternate lunch includes: protein, grain, fruit, vegetable and milk
- Daily alternate meals include: mozzarella sticks, hot dog on bun, bagel meal and weekly special meal
- Daily milk choices include: 1% white, fat free chocolate, fat free strawberry
- Daily fruit Includes: apples, oranges, pears, seasonal fruit, melons, grapes, applesauce
- Most breads and grains as part of a meal and snacks are whole grain rich
- Menu subject to change due to product availability

